

# **SFST NOTE SHEETS**

### This Page Was Intentionally Left Blank

	Implied Consent Card Read
DRIVE SOBER OR GET PULLED OVER	<ul> <li>Blood</li> <li>Breath</li> <li>Urine</li> </ul>

Subject's Name:	
Date:	
Time:	[]AM []PM
Case Number:	





Form Last Updated: 03/04/21

# SFST NOTE SHEET

(Check All that Apply)

# Horizontal Gaze Nystagmus (HGN)

Are you wearing glasses or contacts? I'm going to check your eyes.



Stand with your feet together, with your hands by your side.

Look at the stimuli and follow the stimulus with your eyes only. Do not move your head. Keep looking at the stimulus until told the test is over.

Hold stimulus approx. 12-15" in front of face

#### CHECK FOR

 Yes
 No

 Equal Pupil Size

 Resting Nystagmus

 Equal Tracking

# Horizontal Gaze Nystagmus (HGN)

(Continued)

CLUES		
Lack of Smooth Pursuit 2 seconds out; 2 seconds back	Left	Right
Distinct and Sustained Nystagmus @ Maximum Deviation Hold minimum of 4 seconds		
Onset of Nystagmus Prior to 45 degrees		

# **Vertical Nystagmus**

	Yes	No
Vertical Nystagmus		
Hold for approx. 4 seconds		

#### Walk and Turn

#### **INSTRUCTIONS STAGE**

Place your left foot on a line (real or imaginary), and put your right heel against the toe of your left foot.

Place your arms down at your sides.

Maintain this position until I have completed the instructions. Do not start to walk until told to do so.

Do you understand?



No

#### WALKING STAGE

When I tell you to start, take nine heel-to-toe steps on the line, turn, and take nine heel-to-toe steps down the line. (demonstrate min 3 steps)

When you turn, keep the front (lead) foot on the line, and turn by taking a series of small steps with the other foot. (demonstrate)

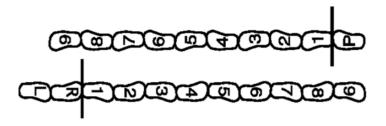
While you are walking, keep your arms at your sides, watch your feet at all times, and count your steps out loud.

Once you start walking, don't stop until you have completed the test.

Do you understand?







# CLUES

- Cannot keep balance while listening to instructions
- Starts too soon
- Stops while walking
- Does not touch heel to toe
- Steps off the line
- Uses arm(s) to balance
- Improper turn
- Incorrect number of steps

# **One Leg Stand**

#### **INSTRUCTIONS STAGE**

Stand with your feet together and your arms down at the sides. (demonstrate)

Do not start to perform the test until I tell you to do so. Do you understand the instructions so far?

#### 🗌 Yes 🗌 No

When I tell you to start, raise either leg with the foot approximately six inches off the ground, keeping your foot parallel to the ground. (demonstrate)

Keep both legs straight and your arms at your side.

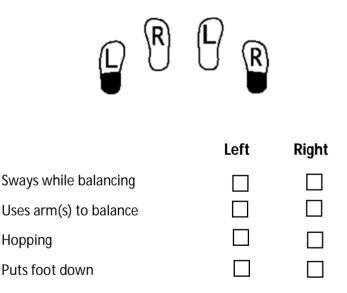
While holding that position, count out loud in the following manner: "one thousand one, one thousand two, one thousand three," and so on until told to stop.

Keep your arms at your sides at all times and keep watching the raised foot.

Do you understand?



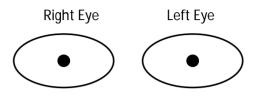
#### BALANCING AND COUNTING STAGE



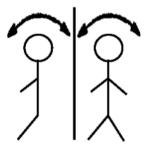
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#### **ARIDE TESTS**

#### Lack of Convergence



### **Modified Romberg Balance**

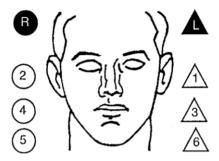


#### **Time Estimation**

estimated as 30 seconds

### **Finger To Nose**

(Draw lines to spots touched)



## **Defendant's Rights**

- 1. You have the right to remain silent.
- 2. Anything you say can and will be used against you in court.
- 3. You have the right to have an attorney with you prior to, during, or after any questioning.
- 4. If you cannot afford an attorney and desire one, the court will appoint one for you.
- 5. You may stop the questioning at any time by refusing to answer further or by requesting to consult with your attorney.

#### WAIVER

Do you understand each of these rights I have explained to you?

Having these rights in mind, do you wish to answer questions or make a statement at this time?

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DRIVE SOBER OR GET PULLED OVER	<ul> <li>Blood</li> <li>Breath</li> </ul>
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Time:	[]AM []PM
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Form Last Updated: 03/04/21

# SFST NOTE SHEET

(Check All that Apply)

# Horizontal Gaze Nystagmus (HGN)

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Look at the stimuli and follow the stimulus with your eyes only. Do not move your head. Keep looking at the stimulus until told the test is over.

Hold stimulus approx. 12-15" in front of face

#### CHECK FOR

 Yes
 No

 Equal Pupil Size

 Resting Nystagmus

 Equal Tracking

# Horizontal Gaze Nystagmus (HGN)

(Continued)

CLUES		
Lack of Smooth Pursuit 2 seconds out; 2 seconds back	Left	Right
Distinct and Sustained Nystagmus @ Maximum Deviation Hold minimum of 4 seconds		
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# **Vertical Nystagmus**

	Yes	No
Vertical Nystagmus		
Hold for approx. 4 seconds		

#### Walk and Turn

#### **INSTRUCTIONS STAGE**

Place your left foot on a line (real or imaginary), and put your right heel against the toe of your left foot.

Place your arms down at your sides.

Maintain this position until I have completed the instructions. Do not start to walk until told to do so.

Do you understand?



No

#### WALKING STAGE

When I tell you to start, take nine heel-to-toe steps on the line, turn, and take nine heel-to-toe steps down the line. (demonstrate min 3 steps)

When you turn, keep the front (lead) foot on the line, and turn by taking a series of small steps with the other foot. (demonstrate)

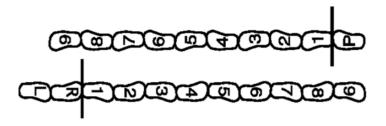
While you are walking, keep your arms at your sides, watch your feet at all times, and count your steps out loud.

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Do you understand?







# CLUES

- Cannot keep balance while listening to instructions
- Starts too soon
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- Uses arm(s) to balance
- Improper turn
- Incorrect number of steps

# **One Leg Stand**

#### **INSTRUCTIONS STAGE**

Stand with your feet together and your arms down at the sides. (demonstrate)

Do not start to perform the test until I tell you to do so. Do you understand the instructions so far?

#### 🗌 Yes 🗌 No

When I tell you to start, raise either leg with the foot approximately six inches off the ground, keeping your foot parallel to the ground. (demonstrate)

Keep both legs straight and your arms at your side.

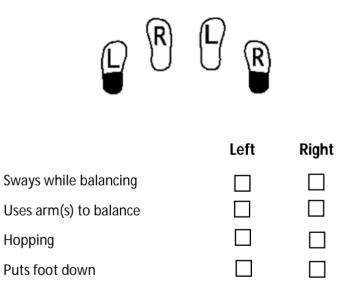
While holding that position, count out loud in the following manner: "one thousand one, one thousand two, one thousand three," and so on until told to stop.

Keep your arms at your sides at all times and keep watching the raised foot.

Do you understand?



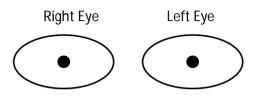
#### BALANCING AND COUNTING STAGE



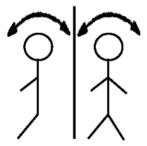
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#### **ARIDE TESTS**

#### Lack of Convergence



## **Modified Romberg Balance**

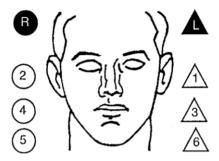


#### **Time Estimation**

estimated as 30 seconds

### **Finger To Nose**

(Draw lines to spots touched)



## **Defendant's Rights**

- 1. You have the right to remain silent.
- 2. Anything you say can and will be used against you in court.
- 3. You have the right to have an attorney with you prior to, during, or after any questioning.
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DRIVE SOBER OR GET PULLED OVER	Blood Breath
	Urine Urine

Subject's Name:	
Date:	
Time:	[]AM []PM
Case Number	





Form Last Updated: 03/04/21

# SFST NOTE SHEET

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Hold stimulus approx. 12–15" in front of face

#### CHECK FOR

 Yes
 No

 Equal Pupil Size

 Resting Nystagmus

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# Horizontal Gaze Nystagmus (HGN)

(Continued)

CLUES		
Lack of Smooth Pursuit 2 seconds out; 2 seconds back	Left	Right
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# **Vertical Nystagmus**

	Yes	No
Vertical Nystagmus		
Hold for approx. 4 seconds		

#### Walk and Turn

#### **INSTRUCTIONS STAGE**

Place your left foot on a line (real or imaginary), and put your right heel against the toe of your left foot.

Place your arms down at your sides.

Maintain this position until I have completed the instructions. Do not start to walk until told to do so.

Do you understand?



No

#### WALKING STAGE

When I tell you to start, take nine heel-to-toe steps on the line, turn, and take nine heel-to-toe steps down the line. (demonstrate min 3 steps)

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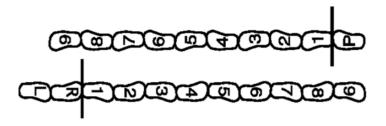
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# CLUES

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# **One Leg Stand**

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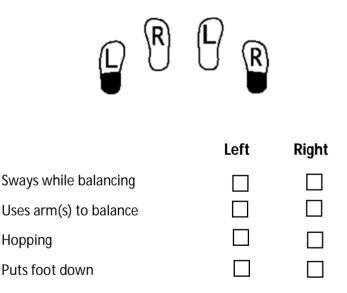
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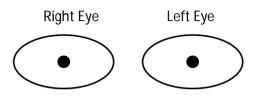
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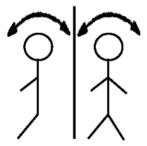
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#### **ARIDE TESTS**

#### Lack of Convergence



## **Modified Romberg Balance**

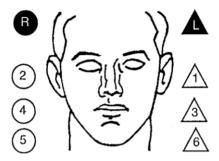


#### **Time Estimation**

estimated as 30 seconds

### **Finger To Nose**

(Draw lines to spots touched)



## **Defendant's Rights**

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	<ul> <li>Blood</li> <li>Breath</li> <li>Urine</li> </ul>

Subject's Name:	
Date:	
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Form Last Updated: 03/04/21

# SFST NOTE SHEET

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#### CHECK FOR

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 Equal Pupil Size

 Resting Nystagmus

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# Horizontal Gaze Nystagmus (HGN)

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CLUES		
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#### Walk and Turn

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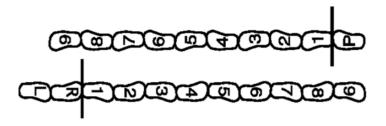
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### CLUES

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### **One Leg Stand**

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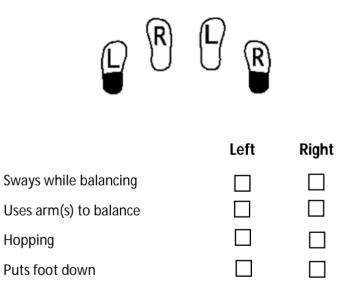
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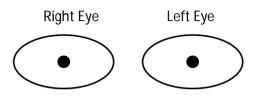
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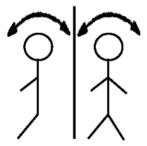
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### **ARIDE TESTS**

### Lack of Convergence



### **Modified Romberg Balance**

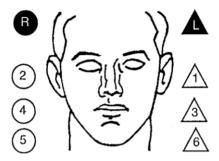


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<b></b>	Implied Consent Card Read
DRIVE SORER OR	Blood
GET PULLED OVER	Breath

Subject's Name:	
Date:	
Time:	[]AM []PM
Case Number	





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Form Last Updated: 03/04/21

# SFST NOTE SHEET

(Check All that Apply)

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# Horizontal Gaze Nystagmus (HGN)

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### **Vertical Nystagmus**

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Vertical Nystagmus		
Hold for approx. 4 seconds		

### Walk and Turn

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Maintain this position until I have completed the instructions. Do not start to walk until told to do so.

Do you understand?



No

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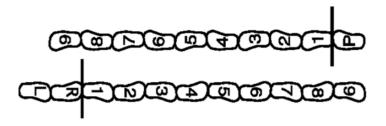
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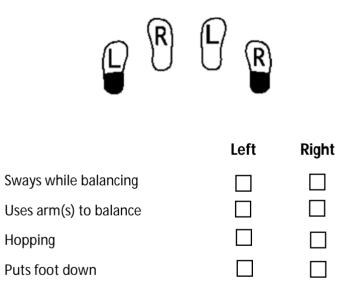
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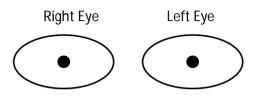
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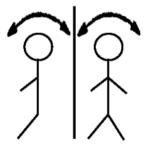
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### **ARIDE TESTS**

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### **Modified Romberg Balance**

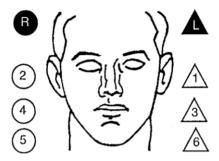


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# **Notes**

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